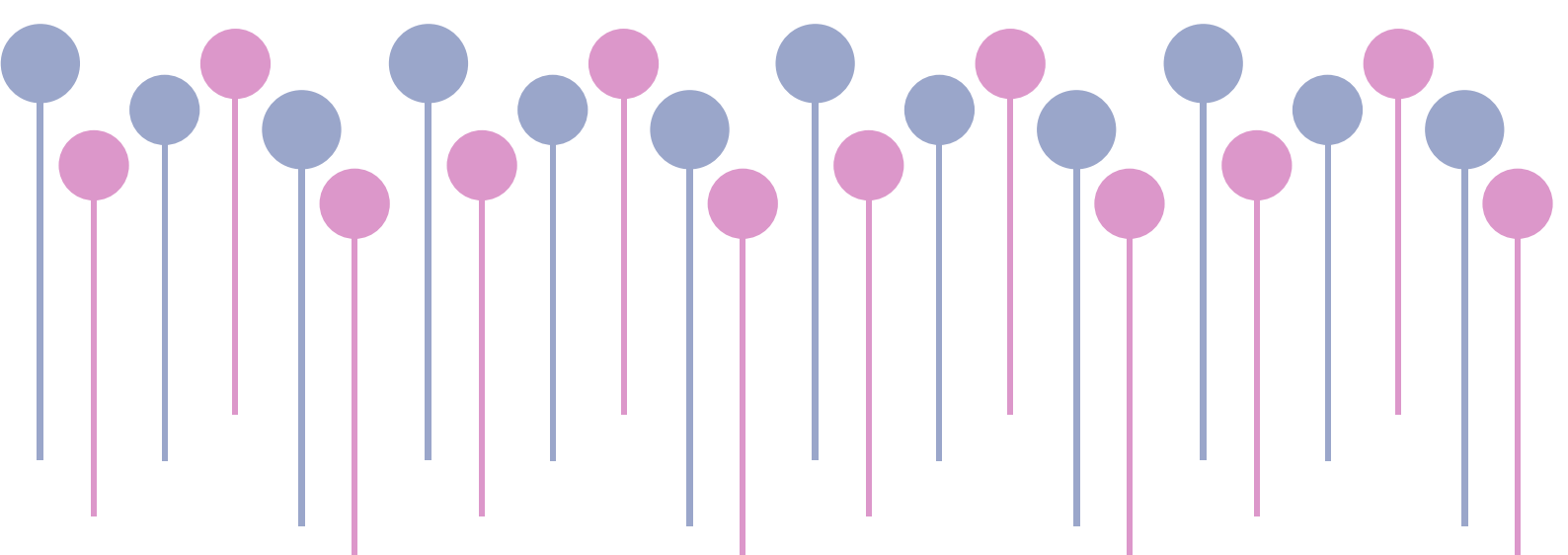




From the Principal's Desk

At Ryan International Academy, we champion a holistic approach to healthy living. Our principles emphasize the importance of balanced nutrition, regular exercise, and mental well-being. We encourage students to make informed choices, fostering a lifestyle that prioritizes wholesome habits. Through a curriculum that integrates physical education and mindfulness practices, we instill values of self-care and resilience. At the core of our philosophy is the belief that a healthy mind and body are essential for academic success and overall happiness. With dedication to these principles, Ryan International Academy cultivates a community of individuals committed to lifelong well-being.

- Ms. Aisha S,
Principal, RIA Horamavu



Editorial Committee:

Ms. Aisha S, Principal

Ms. Divya David, Teacher



Quote of the month
"Education is the most powerful weapon which you can use to change the world."



Education is the cornerstone of personal and societal growth. It is a powerful tool that fosters critical thinking, enhances knowledge, and empowers individuals to contribute meaningfully to their communities. The value of education transcends mere academic achievement, influencing various facets of life and shaping a brighter future for all. At its core, education facilitates personal development. It cultivates intellectual abilities, hones skills, and nurtures creativity. Through education, individuals gain access to a wealth of knowledge, enabling them to make informed decisions and solve problems effectively. This intellectual growth is not limited to formal schooling but continues throughout life, promoting lifelong learning and adaptability in an ever-changing world.

ACADEMIC ACTIVITIES

Literacy - Mont 1

Learning of Strokes sleeping line and standing line: We are excited to share the latest updates and activities from our Mont 1. This month, we have been focusing on foundational concepts that are crucial for early learning and development. One of the key concepts we introduced to our young learners is the difference between "Standing Lines" and "Sleeping Lines."

Standing Line: A standing line is a vertical line that goes from top to bottom, like the letter "I." It is straight and tall, resembling a person standing up.

Sleeping Line: A sleeping line is a horizontal line that goes from left to right, like the letter "Z" when it is lying down. It is flat and straight, resembling a person lying down to sleep. Understanding and recognizing standing and sleeping lines are fundamental steps in early writing skills. These lines form the basis of many letters and shapes that children will learn as they progress in their education. By mastering these basic lines, children develop fine motor skills, hand-eye coordination, and spatial awareness.

Numeracy

Introduction to big and small and free-hand scribbling: We are thrilled to share the latest happenings from our mont 1. This month, our focus has been on teaching the fundamental concepts of "Big" and "Small." These concepts are vital as they form the foundation for understanding size and comparison, which are essential skills in early childhood development.



ACADEMIC ACTIVITIES

Big: Refers to objects that are large in size or take up more space.

Small: Refers to objects that are smaller in size or take up less space.

Teaching children to differentiate between big and small helps them make sense of the world around them and lays the groundwork for more complex mathematical concepts in the future.

General Awareness

Learning I'm special, Introduction to myself: We are excited to share the latest updates from our nursery classroom. This month, we have been focusing on a very special theme: "I'm Special." This theme is designed to help our young learners recognize and celebrate their unique qualities, fostering self-esteem and a positive self-image.

Understanding that each child is unique and special is fundamental to their emotional and social development. By exploring what makes them special, children learn to appreciate their individuality and build confidence in their abilities and characteristics.

Literacy - Mont II

Learning of letter Aa - Gg - In our mont II We start each day with lively alphabet songs that help children remember the letters and their sequence. Songs like "The Alphabet Song" and "A is for Apple" make learning enjoyable. Rhymes that incorporate actions, such as clapping or jumping, help reinforce letter sounds and shapes. For example, "A



ACADEMIC ACTIVITIES

says /a/ as in apple, B says /b/ as in ball.”

Children form letters A to G using sand, clay, or playdough. This hands-on approach reinforces letter shapes and is great for tactile learners. Bins filled with rice or beans and letter toys allow children to explore and identify letters through touch and play. In our classroom, where learning the alphabet is a fun and exciting adventure! This term, we are focusing on the letters A to G. Understanding and recognizing these letters is the first step in developing literacy skills. Here’s how we make learning the alphabet engaging and effective for our young learners.

Learning the letters, A to G is an exciting journey in our LKG classroom. Through a blend of songs, stories, hands-on activities, games, and sensory play, we ensure that children not only recognize these letters but also associate them with sounds and words. By creating a fun and engaging learning environment, we set the foundation for strong literacy skills and a lifelong love for learning.

Numeracy

Learning small and big, short and long: In our mont II, we explore the concepts of small and big, short and long in fun and engaging ways. Understanding these basic concepts helps young children develop their spatial awareness and vocabulary. Here’s how we introduce and reinforce these important ideas in our classroom.

Children are given various objects, such as toys, blocks, or pictures, and are asked to sort them into two groups: small and big. This hands-on activity reinforces their understanding of size differences.

Songs like “Head, Shoulders, Knees, and Toes” are great for teaching about short and long. We also have songs that include stretching and curling to show short and long



ACADEMIC ACTIVITIES

movements. We use our bodies to understand short and long. Children stretch out to show long and curl up to show short. This kinaesthetic approach makes learning about sizes fun and memorable.

Learning about small and big, short and long is an important part of early childhood education. Through stories, hands-on activities, music, and art, our LKG class explores these concepts in engaging and interactive ways. By the end of these activities, children have a solid understanding of sizes and can confidently identify and describe small, big, short, and long objects. This foundational knowledge sets the stage for further learning in mathematics and everyday life.

General Awareness

Introduction to 'My Class Room': Here, we strive to create a nurturing environment where every student feels valued, inspired, and eager to learn. Our classroom is more than just a place to study; it's a community where friendships blossom, creativity thrives, and knowledge grows. Let's take a closer look at what makes our classroom special.

Our lessons are designed to be interactive and engaging, encouraging students to participate actively. We use a variety of teaching methods, including group discussions, hands-on activities, and multimedia presentations to make learning enjoyable and effective.

Our classroom is equipped with the latest technology, including smart boards, tablets, and educational software. These tools enhance our learning experiences and help us stay connected with the digital world.

Literacy - Mont III

I know the Alphabet and Cursive Strokes - We are excited to share with you the wonderful progress and activities happening in the mont III classroom. This month, our focus has been on mastering alphabets and introducing cursive strokes, which are essential for developing strong writing skills.

Alphabets: Recognizing and writing alphabets is a foundational skill that supports reading and writing development. Our activities aim to reinforce letter recognition, phonetic sounds, and correct formation.

Cursive Strokes: Introducing cursive writing helps children develop fine motor skills and improves their handwriting fluency. Learning cursive strokes lays the groundwork for writing cursive letters and words smoothly.

ACADEMIC ACTIVITIES

Math -Learning of 2D shapes and 3D Shapes

We are thrilled to share the exciting progress and activities from our mont III classroom. This month, our focus has been on exploring 2D and 3D shapes. Understanding these shapes is a fundamental skill that enhances spatial awareness and mathematical thinking.

2D Shapes: Two-dimensional shapes are flat and include shapes such as circles, squares, triangles, and rectangles. These shapes have length and width but no depth.

3D Shapes: Three-dimensional shapes have depth in addition to length and width. Examples include cubes, spheres, cylinders, and cones. These shapes occupy space and have volume.

Using blocks, clay, and other materials, children create models of 3D shapes. This hands-on activity helps them understand the properties of different shapes.

- We use sorting games where children group objects based on their shapes, helping them distinguish between 2D and 3D shapes.

General Awareness - Sense Organs & Good Manners

We are excited to share the latest updates from our mont III classroom. This month, our focus has been on understanding sense organs and practicing good manners. These topics are essential for the children's personal development and social interactions.

Sense Organs: Our sense organs help us to explore and understand the world around us. We have been learning about the five main sense organs:

- 1. Eyes: For Seeing**
- 2. Ears: For Hearing**
- 3. Nose: For Smelling**
- 4. Tongue: For Tasting**
- 5. Skin: For Touching**

Teaching and practicing good manners is a vital part of our social-emotional learning, and we are thrilled to see the positive growth in our young learners.

Good manners are not just about saying "please" and "thank you." They are about showing respect, kindness, and consideration for others. Learning good manners helps children build positive relationships, navigate social situations, and create a friendly and respectful classroom environment.

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International Bicycle Day Mont I to III

International Bicycle Day, celebrated every year on 3rd June, is a global event dedicated to promoting the benefits of cycling and encouraging people to use bicycles as a means of transportation. This day emphasizes the importance of bicycles in fostering sustainable development, improving health, and enhancing the quality of life in communities worldwide. It's a time to celebrate the versatility, durability, and environmental friendliness of the bicycle.

The United Nations General Assembly declared 3rd June as International Bicycle Day in April 2018, following a proposal by Turkmenistan. The resolution recognized the uniqueness, longevity, and versatility of the bicycle, which has been in use for over two centuries. This day aims to promote a culture of cycling and raise awareness about the social, economic, and environmental benefits of cycling.

International Bicycle Day is a celebration of the bicycle's many benefits and a call to action for individuals, communities, and governments to promote cycling as a vital part of sustainable development. By embracing cycling, we can create healthier, more sustainable, and more connected communities. So, whether you're an avid cyclist or a beginner, hop on a bike and join the global movement towards a greener and healthier future. Happy International Bicycle Day!



Father's Day Activity - Mont I to III

Father's Day is a wonderful time for children to show their love and appreciation for their fathers and father figures. To celebrate this special occasion, we are excited to host a Father's Day card-making activity. This fun and creative event will allow children to express their gratitude and love through handmade cards, creating a memorable gift for their dads.

The Father's Day card-making activity is a fantastic way for children to practice their fine motor skills, creativity, and writing abilities while making a meaningful gift for their

EVENTS

fathers. It's a wonderful opportunity for children to express their love and appreciation in a personal and creative way. We look forward to seeing the beautiful cards and celebrating the special bond between fathers and their children. Happy Father's Day!

Red Day - Mont I to III

At Ryan International Academy, the Red Day celebration enveloped the campus in a serene ambiance, fostering unity and joy. Adorned in pristine red attire, students and faculty came together to mark this special occasion, symbolizing purity, harmony, and new beginnings. The day commenced with engaging workshops on creativity and mindfulness. The air buzzed with excitement as everyone participated in collaborative activities. The event culminated in a collective pledge to uphold integrity and unity, echoing the school's ethos. The Red Day celebration at Ryan International Academy remains a cherished tradition, fostering a spirit of togetherness and fostering a vibrant school community.

Father's Day Celebration Mont I to III

Father's Day is a special occasion dedicated to celebrating the incredible fathers and father figures who make our lives brighter and better. This year, we came together to honour these amazing men with a series of heart-warming and memorable activities. Here's a glimpse into our Father's Day celebration and the wonderful moments we shared. We kicked off the day with a scrumptious Father's Day breakfast for all dads and their families. The spread included a delightful array of pancakes, waffles, fresh



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fruit, and a variety of beverages. It was a great way for everyone to enjoy a meal together and start the day on a joyful note.

The children had a fantastic time creating handmade cards for their fathers. With colourful construction paper, markers, and lots of creativity, they crafted beautiful cards filled with heartfelt messages and drawings. The cards were a wonderful expression of their love and appreciation. A display of the children's cards was set up for everyone to admire, showcasing the unique and creative ways the kids expressed their feelings.

Our Father's Day celebration was a memorable occasion filled with joy, creativity, and gratitude. From talent show, cricket, and heartfelt card-making to fun games and inspiring stories, it was a day dedicated to honouring the amazing fathers and father figures in our lives. Thank you to everyone who participated and made the day so special. We hope you had a fantastic time celebrating with your families and creating lasting memories.



Investiture Ceremony - Mont I to III

Service with pride, lead with confidence, and inspire to impact lives.

Our annual Investiture Ceremony was held on 22nd June 2024, marking a momentous occasion as we celebrated the induction of our new student leaders. The Investiture Ceremony is a cherished tradition at Ryan International Academy, Horamavu where we recognize and honour the achievements of our students and bestow upon them the responsibilities of leadership. It was a day filled with pride, excitement, and the promise of new beginnings. The ceremony began with a warm welcome to parents, teachers, and students. The atmosphere was filled with anticipation as we gathered to witness the new leaders take their oaths and embrace their new roles. The Investiture Ceremony 2024 was a memorable and inspiring event that celebrated the achievements of our outgoing leaders and welcomed the new leaders into their roles. It was a day of reflection, celebration, and anticipation for the future. We are proud of all our students and excited to see the positive impact our new leaders will make in the coming year.

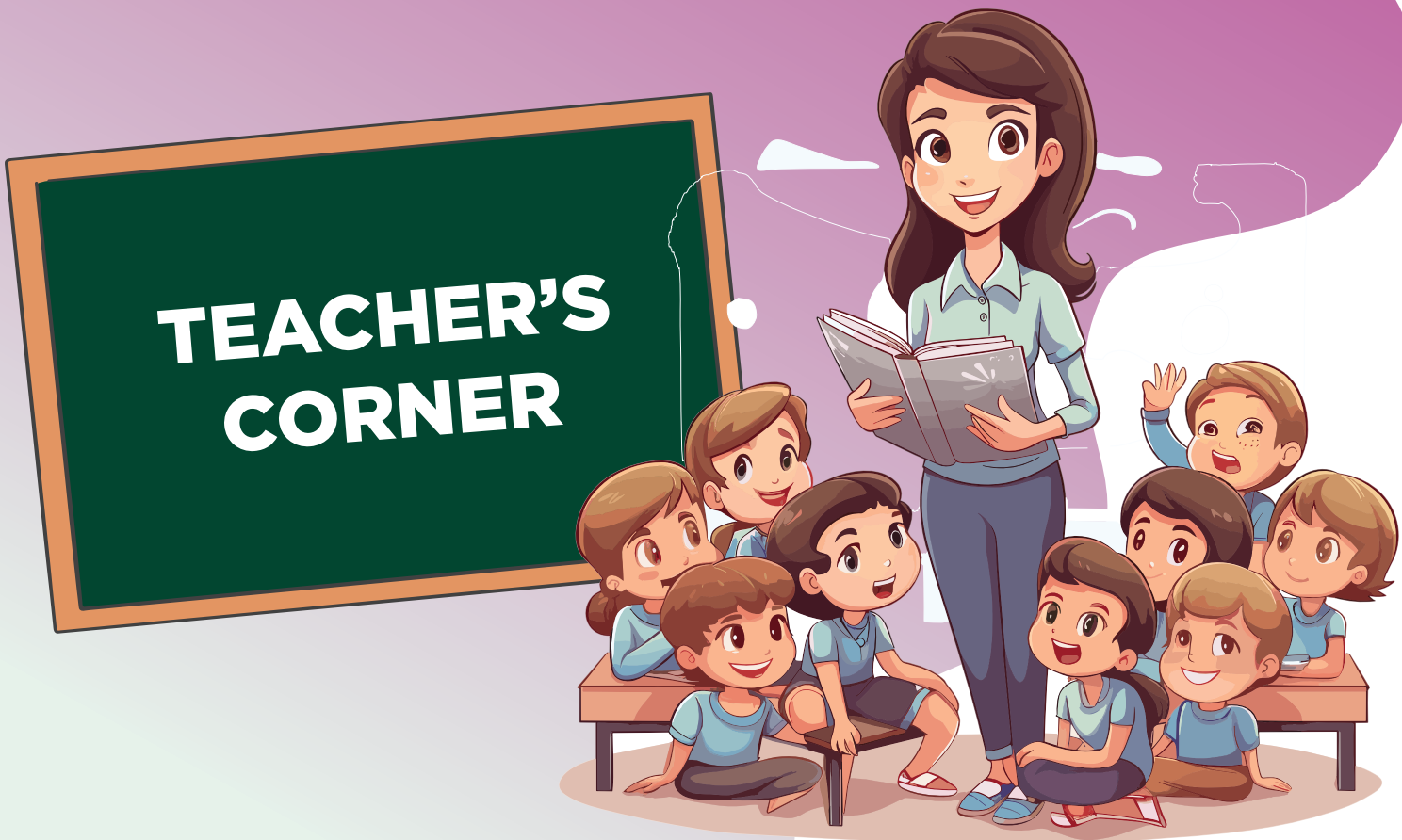
As we move forward, we look forward to seeing our new leaders grow, take on their responsibilities, and contribute to the vibrant life of our school. We are confident that they will uphold the values of leadership and service and make the most of the opportunities before them.



I have to admit that writing about gratitude right now gives me immense pleasure. It is not joy that makes us grateful; it is gratitude that makes us joyful. The more grateful I am; the more beauty I see. Gratitude is when memory is stored in the heart and not in the mind. Gratitude for the present moment and the fullness of life now is the true prosperity.

Yet the simplicity of gratitude lies in how powerfully it seems to function. Recent studies indicate that gratitude practices like counting your blessings, writing about things you are grateful for, doing someone else's chores without letting the person find out it was you, saying what you feel in the right tone at the right moment, even a simple, "Mom, good dinner. Thanks!" means a lot and can actually improve your physical and mental health—and enhance your willingness to trust others. An expression of gratitude is a way to say thank you or show appreciation towards someone or their actions. You can give an expression of gratitude verbally or through a written source like a thank you letter or email.

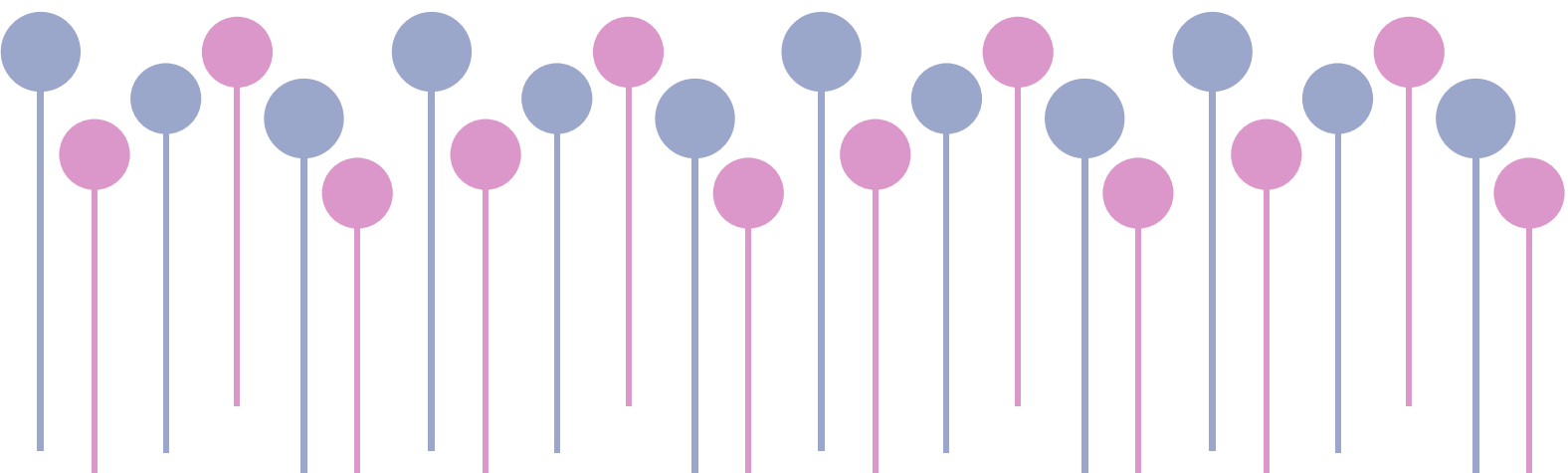
If you take a look at the gratitude research conducted in schools till date, you will see evidence that gratitude may contribute to a greater sense of social support, school belonging, and satisfaction with the school experience, while lessening student's stress and depression.



Sometimes it may feel like a struggle to find something positive to note—particularly for kids in our class who might be facing genuine threats to their well-being. Rather than blindly encouraging them to “look on the bright side,” I as an educator suggest listening deeply, empathizing, and acknowledging their feelings. This can help them cultivate resilience, which—along with other qualities like self-compassion and hope—could help plant the seeds for gratefulness.

Expressing appreciation is a powerful way to build and strengthen relationships. When we take the time to acknowledge and thank others for their contributions, we create a sense of connection and mutual respect. This is particularly important in the workplace, where collaboration and teamwork are keys to success.

**- Ms. Divya David, PPRT
Mother Teacher - Mont I**





PARENT'S CORNER

RYAN group of schools in itself is a big name and brand that they are maintaining as well with their teaching methodologies, Skills and qualified staff.

Teaching aids are always up to the mark.

My child Aaron. C. Payyur is studying in mont III currently, has been with the institute from last two years and it has been a great journey so far. The Staff and Teachers all are giving their best towards the students. May it be teaching, extracurricular, or helping staff all fulfil their duties. They are bringing up the future generation in a very fine manner.

At last, we would like to thank all the Staff especially the Class Teacher Divya Ma'am and Mamtha Ma'am and Principal Ma'am of RIA Horamavu for all the dedication and support they have shown towards the kids and the Parents.

**- Mr. Clifford Paul Payyur,
Parent of Aaron, Mont III**

Upcoming Events

- Vanmahotsav Celebration
- Ryan Sir's Birthday
- Doctors Day Celebration
- National Tigers Day
- National Parents Day
- Green Day Celebration

